

Oasis Tap Syllabus LEVEL 2

- Step** Moving on the ball of the foot, transferring weight from one foot to the other.
- Stamp** Dropping the whole foot down, and applying weight.
- Stomp** Dropping the whole foot down, and NOT applying weight.
- Toe Tap:** Hitting the floor repetitively with the front tap, rebounding it up.
- Heel Tap:** Hitting the floor repetitively with the back tap, rebounding it up.
- Toe Dig:** Placing toe tap on the floor, making a sound, but NOT applying weight.
- Heel Dig:** Placing heel tap on the floor, making a sound, but NOT applying weight.
- Toe Drop** Lifting toe only up, and dropping it down to the floor, making a sound.
- Heel Drop** Lifting heel only up, and dropping it down to the floor, making a sound.
- Toe Jab:** Hitting the toe tip on the floor and rebounding it up. No weight is applied.
- Hop:** Leaving the floor on one foot, returning to the floor on the same foot.
- Leap:** Leaving the floor on one foot, returning to the floor on the opposite foot.
- Jump** Leaving the floor with both feet and returning to the floor, landing on the toes.
- Brush:** Using the front tap, making a forward motion hitting the floor.
- Spank:** Using the front tap, making a backward motion hitting the floor.

Shuffle Step (even rhythm) 1+2

Ball Change – teach in 2nd position, ball of one foot, change to the other.

Flap: Forward- Brush Step (even rhythm) 1 2

Backward- Spank Step (even rhythm) 1 2

Single Lindy - Step Ball Change to side,(BC in 2nd position) 1+2, Ball Change back front 3 4.

Single Irish- Shuffle Hop Step (even rhythm) 1 2 3 4

Single Cramp Roll- Step Step, Heel drop Heel drop 1 2 3 4

Flap Ball Change:

Forward- Brush Step Ball Change 1 2 3 4 or 1+2+

Backward- Spank Step Ball Change 1 2 3 4 or 1+2+

Heel Stand, Heel Stand, Step, Step 1 2 3 4

Step Heels 12 34 56 78 (travel forward, backward, in a circle)

Crossing Step Heels 12 34 56 78

Brush Step Heel- 1+2

Spank Step Heel- 1+2

Heel Toe Ball Change- 1 2 3 4

Toe Heel Ball Change- 1 2 3 4

Running Flaps

Paddle Turns – Step BC BC BC

Single Buffalo- Starting in flexed coupe' Leap Shuffle Leap back to Coupe'

Scuff Using the back tap only, making a forward motion hitting the floor.

Buck: Scooting forward on the balls of the feet, and then dropping the heels.

Chug: Scooting forward on the ball of one foot, and then dropping the heel.

Catch: Opposite of a Buck moving backward on 2 feet

Hitch: Opposite a Chug, moving backward on 1 foot

Suzy Q- Step inverted crossing over supporting foot, Step out with supporting foot while twisting opposite toe off the floor. 1 2

Waltz Clog- Leap Shuffle Ball Change 1+2+3

Maxi-Ford- Leap Shuffle Leap toe jab 1+2+3

Running Shuffles +a1+a2+a3+a4

Heel Stands- Jump to back edges of heels and balance

Step Heels Turning

Flap Heels Turning

Shim Sham- Shuffle step, Shuffle Step, Shuffle Ball Change, Shuffle Step 8+1 2+3 4+5+6+7

(Can make it a Stomp, or Heel dig in place of the Shuffle)

Counting Music:

Clap 3 times per beat (triplet) +a1

*Practice with different tempos of music

Phrases to know:

Accent- A sound with extra force or volume.

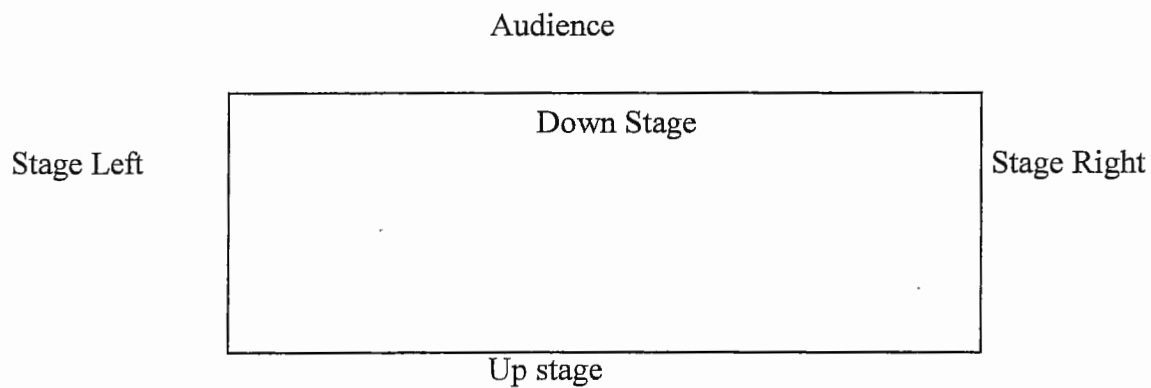
Beat- The “count” of the music, the recurring pulse that sets the tempo.

Contrast/Shading- The different rhythm patterns and how they related to one another.

Rhythm- is the constant occurring of strong and weak beats.

Tempo- the actual speed of the music

Timing- is the actual dancing in rhythm and time to the music.



Flap Heel Heel (Forward and Backward)

Double Shuffle

Pendulum Shuffles

Toe Clicks

Heel Clicks

Bells- Clicking of heels in the air to either side.

Slap- Brush touch to floor, and release (like a flap without weigh transfer)

Back Essence +1+2

Trenches- Starting on 1 foot, other stretched behind you, slide supporting foot back, landing on opposite foot. You may add a heel drop.

Riffs:

3 count: toe dig, heel drop. toe drop 1+2

4 count: toe dig, scuff, heel dig, toe drop 1+2+

5 count: toe dig, scuff, heel drop, heel dig, toe drop 1+a2+

6 count: toe dig, scuff, heel drop, heel dig, toe drop, heel drop (working foot) 1+a2+a

7 count: dig, scuff, heel drop, heel dig, toe drop, heel drop heel drop (supporting foot, then working foot) 1+a2+a3

Shirley Temple- Flap to side, heel drop(supporting foot) heel drop (working foot), Spank Heel drop, toe jab, heel drop +1+2+3+4

Paradiddles- Heel dig, spank, step heel drop 1+2+

Traveling Step: Step spank ball change spank ball change spank ball change

Alternating Cramp Rolls: R Step L Step, L Heel drop R Heel Drop

***Explain how to make a single into a double, triple, quadruple:**

Single Has a Step, 1 sound. Double has a Flap, 2 sounds, Triple has Shuffle Step, 3 sounds, quadruple has shuffle step heel, 4 sounds.

This theory works for: Lindy, Buffalos, Cramp Rolls, Waltz Clogs, Maxi Fords, Draw Backs, Time steps, etc.

Draw backs-Spank, opposite heel drop, step

Cincinnati (quadruple drawback) – Spank heel shuffle heel step +a1+a2

***Introduce Syncopation:** (counts starting before the number, or a change in rhythm)

CLAP OUT RHYTHM

Flaps: +1

Shuffles: +1

Shuffle step +12

Irish: Shuffle Hop Step +1+2

Double Irish: Shuffle Hop Step BC.+1+2 3 4

Military Time Step: 2 Double Irish +8+1 2 3, +4+5 6 7
 2 Single Irish +8+1, +2+3
 1 Single Irish +4+5 6 7

(Note: Military Time Step starts on Count 8)

BUCK TIME STEPS:

SKELETON:	8	+	1	_____?	_____?	_____	Step
				Step	Step		Single Single
				2	3		
				Flap	Flap		Double Double
				+2	+3		
				Sh St	Sh St		Triple Triple
				+a2	+a3		

after these are mastered, you can mix them together making single double, triple double, double triple, etc. etc.

*Can replace the Stomp Spank, with a Shuffle to make it a Standard Time Step, verses BUCK.

**There are an infinite number of time steps. Almost any influential dancer has created their own time step, and many common steps may be turned into time steps. See the *Time Step Dictionary* for more variations.

Scuffles- scuff spank

Riffles- dig scuff spank

Flam (Slurp)- toe dig, heel dig, toe drop +a1

Double / Triple Paradiddle- heel dig spank, heel dig spank (heel dig spank) step heel

Traveling Paradiddle- Heel dig toe drop, step heel (opp. Foot)

Double/ Triple: waltz clogs, cramp rolls, buffalo, maxi fords.

Tack Annie- R spank touch step +12
L spank touch step +34
R spank touch step +56
L spank step step step (back essence) +7+8

Traveling Riff-Leap, toe dig, scuff, heel drop (opp. Foot) 1+a2

Bombershay:1. Stamp inverted xing supporting foot, flap with supporting foot 1+2

2. Flap to 2nd while popping up supporting toe (no sound), Spank step, striking passe' with opposite foot. +1+2

Heel Grinds

Tap Short Hand

Right:	RT	Cramp Roll:	CR
Left:	LT	Crossing:	Xing
Step:	ST	Front :	frt
Brush:	BR	Back:	bk
Flap:	FI		
Heel:	H		
Heel drop:	HD		
Toe:	T		
Toe drop:	TD		
Ball Change:	BC		
Shuffle:	SH		
Spank:	SP		
Toe jab:	TJ		
Pickup:	PU		
Paradiddle:	PD		
Scuff:	SC		
Scuffle:	SCFL		
Grab-off:	GO		
Alternating:	Alt		
Counts:	Cts.		
At the same time:	AST		

