

MCQUAID JESUIT KNIGHTS FOOTBALL

Modified B & Freshman Football "PRIDE" Camp 2021

August 2, August 3, and August 4, 2021

3:00pm – 5:00pm

For players entering grades 7, 8 & 9

(Young men who plan on playing Mod B or Freshman Football)

McQuaid Jesuit Tom Seymour Field

CAMP STAFF:

McQuaid Jesuit Freshman Football and Modified B Football Coaching Staffs

Quarterbacks: proper throwing technique, stance, dropping back, play action, sprint out passing, ball handling, and reading defenses.

Receivers: ball handling, stance, receiving techniques, route running, and reading coverage.

Running Backs: ball handling, stance, run and pass blocking, pass receiving, and reading blocks

Offensive Lineman: stance, starts, run and pass blocking, pulling, and trapping.

Defensive Line: stance, alignment, key reads, passes rush, run and pass defense, pursuit and tackling.

Linebackers and Secondary: alignment, stance, proper position, pass coverage, pursuit and tackling

*****ONLINE REGISTRATION IS PREFERRED*****

PLEASE GO TO:

www.mcquaid.org/athletics/summer-at-mcquaid

If unable to register online, please use form below

Registration Form:

Fee: \$75

Please make checks payable to: McQuaid Jesuit

Mail to: Amy Sheffer

McQuaid Jesuit, 1800 South Clinton Ave

Rochester, NY 14618

Player Name: _____

Player email: _____ Player Phone Number: _____

Grade in September 2021: _____ Age on August 1, 2021 _____

Parent's Names: _____

Address: _____

Parent Phone Number: _____ Parent Phone Number: _____

Parent email: _____ Parent email: _____