



# McQuaid Jesuit Hockey Camp

August 9<sup>th</sup> – 12<sup>th</sup>, 2021 @ Paul Louis Arena

Any Players Entering Grades 6-7 - Session 1 - 3:00-4:00PM

Any Players Entering Grades 8-9 - Session 2 - 4:00-5:00PM

Any Players Entering Grades 10-12 - Session 3 - 5:00-6:00PM

(minimum 20/maximum 30 participants per session)

Cost: \$150.00

Camp Director:

JOE DUGAN – Head Coach, McQuaid Jesuit Varsity Hockey

Players will get hands-on instruction from quality instructors and staff from McQuaid Jesuit's hockey program while getting constant puck touches and repetitions in addition to opportunities for competition. All players will need proper hockey equipment in order to participate. For more information on the camp, please email Joe Dugan at [mcquaidjesuithockey@gmail.com](mailto:mcquaidjesuithockey@gmail.com).

## Camp Will Include:

- Station-based drills for increased puck touches and reps
- Cross-ice games for increased puck touches, skill implementation and competitive situations focusing on the following skills:
  - Hockey IQ and Compete (Battling, Small Area Games)
  - Skating (Agility, Balance, Speed, Power, Edgework)
  - Puck Possession (Stick Handling, Passing, Deception, Protection)
  - Shooting (Changing Angles, Release, Deception)

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**\*\*\*\*\*PREFERRED REGISTRATION METHOD IS THROUGH [www.mcquaid.org](http://www.mcquaid.org) WITH CREDIT CARD\*\*\*\*\* GO TO "Athletics" then "Summer at McQ"**

OR

FILL OUT AND RETURN THIS FORM WITH CHECK PAYABLE TO "McQuaid Jesuit" to:  
McQuaid Jesuit, Attn.: Amy Sheffer, 1800 Clinton Ave South, Rochester, NY 14618

Player Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade Entering: \_\_\_\_\_

School Attending Fall '21: \_\_\_\_\_ Session: \_\_\_\_\_ Parent

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Camp Fee Enclosed: \_\_\_\_\_