

McQuaid Youth Football Camp 2024



Monday
July 8th Thru
Wednesday July 10th

10am-Noon
Boys and Girls
Grades 1-8
McQuaid
Varsity Game Field

*Voted 2023 Number One Youth
Football Camp in NY!*

Registration Form

Registration Fee \$60.00
After July 6th Cash Only

Players Name: _____

Address: _____

City/Town/Zip

Phone: _____

Parents Name: _____

Email Address: _____

@

Date of Birth _____



Grade (Fall 2024) ____

Years at this Camp 0 1 2 3 4 5

Team Affiliation _____

Medical information coaches should be
aware of:

Please send completed form and check
payable to G's Athletics LLC to:

The McQuaid Youth Football Camp
565 Raspberry Patch Dr
Rochester NY 14612

The McQuaid Youth Football
Camp will be held at McQuaid
located at
1800 South Clinton Ave
Rochester, NY 14618.

Parent Waiver:

I, the parent/guardian of

_____ accept full responsibility for injuries that may occur as a result of participating in The McQuaid Youth Football Camp. I agree and endorse participation with the understanding that the camp directors, coaches and the sponsoring agency are not liable for injuries or medical expenses. My child is in good health and has no physical condition that would prevent him/her from participating in The McQuaid Youth Football Camp.

Accident and health insurance is not provided by this camp. Campers are required to provide their own personal coverage.

Signed _____

Print _____

Name of Medical
Insurance _____

Policy # _____

Areas of Instruction

Quarterbacks: proper throwing technique, stance, dropping back, play action, sprint out passing, and ball handling

Receivers: ball handling, stance, receiving techniques, route running, and reading coverage.

Running Backs: ball handling, stance, run and pass blocking, pass receiving, and reading blocks

Offensive Lineman: stance, starts, run and pass blocking, pulling, and trapping.

Defensive Line: stance, alignment, key reads, pass rush, run and pass defense, pursuit and tackling.

Linebackers and Secondary: alignment, stance, proper position, pass coverage, pursuit and tackling

Participants should wear shorts, t-shirt, sneakers, and bring a “labeled” water bottle. No additional equipment is needed.

Drills will be “passive” contact. Mouth guards and cleats are strongly recommended, but are not required.

Camp Objective

The objective of the camp is to provide an opportunity for youth football players to experience the offensive and defensive aspects of football. Emphasis will be on providing each participant with football fundamentals as well as specialty skills.

Direct Inquiries to:
Bobby Bates 585-330-7712
rbates@mcquaid.org

George Giordano 585-333-6226
youthcamps@hotmail.com

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ADDITIONAL SUMMER CAMPS
PLEASE VISIT
<https://gsathletic.wixsite.com/gspathletics>

Camp Staff

Bobby Bates

Head football coach at McQuaid. Coach Bates has coached football for 16 years, 11 as Head Coach. He led the Knights to the Section V Championship in 2019, 2020, 2021, 2022 & 2023. His duties included coaching quarterbacks and secondary, as well as being the Offensive Coordinator. During his tenure at McQuaid, the Knights have a sparkling 91-22 record.

George Giordano

Coach Giordano has directed football camps for 46 years. He coordinates several of the largest football camps in NYS on an annual basis. Coach Giordano is the Director of Football Operation at Irondequoit High School.

We believe a low staff to player ratio assists in achieving best results. To help us attain this goal the McQuaid varsity players and coaching staff will be on hand to ensure total participation.